



HEAR2UNDERSTAND

AUDIOLOGY SERVICES

1112 Morgan Avenue, Bay B Saskatoon, SK S7H 2R7
phone: 306-716-7143
fax: 306-384-4184
www.hear2understand.ca

Vitality 50+

Screening for risk of communication, swallowing, hearing, and balance Issues

As we age, changes in speech, language, cognition, voice, hearing, and balance may occur. Early detection and intervention can allow for timely and appropriate treatment, which can greatly improve quality of life.

Who should get screened?

1. Individuals age 50 and older who are interested in establishing a baseline for hearing, balance, communication, and swallowing skills
2. Individuals age 50 and older with concerns related to the following:
 - increased difficulty hearing conversations, TV, or phone calls
 - concerns from family or friends regarding your hearing
 - concerns about falling when on uneven surfaces, or in low lighting
 - occasional dizziness
 - hoarseness or changes in your voice, or repeated requests by others to repeat yourself
 - trouble understanding information, finding words or participating in conversations/group activities
 - struggles with swallowing foods or liquids, or coughing and choking during mealtimes
 - experiencing frequent coughing, throat-clearing, globus sensation or reflux

Why is this important? Our screening protocols are designed to help you stay connected to what matters most- your loved ones, your safety and your health.

Early identification of these disorders can:

- improve communication and social engagement
- support optimal function in work or retirement activities
- support well-being and independence
- support optimal health and aging
- reduce risk of falls
- reduce risk of medical complications related to swallowing and reflux

Screenings performed by licensed professionals

Our screenings are conducted by licensed Speech-Language Pathologists and Audiologists, trained to provide expert care and personalized recommendations. This service will not screen areas that an individual has already received a diagnosis for by a licensed professional.